

1. If you:
 - Have difficulty breathing, are feeling fatigued/lethargic, or have a high fever
 - Have cold symptoms, such as fever, cough, or sore throat, continuing for 4 or more days (If you have an underlying disease or if symptoms become unbearable, please act immediately; do not wait 4 days)
 - Have any unusual changes in your sense of smell or taste
 - ✓ Rest at home; do not go outside.
 - ✓ Contact your local Novel Coronavirus Consultation Center.
 - ✓ Contact the University Health Administration Office for information gathering. If you are not sure whether any of the above apply to you, please consult with the Office.
 - ✓ Do not come to school.

2. If the local health center identifies you as a close contact:
 - ✓ Follow the instructions given by your health center and self-quarantine at home.
 - ✓ Contact the University Health Administration Office for information gathering.
 - ✓ Do not come to school.

3. If you test positive for infection:
 - ✓ Follow the instructions given by your health center.
 - ✓ Contact the University Health Administration Office for information gathering.
 - ✓ Do not come to school.

4. If someone you live with has been identified as a close contact
If you are suspected of close contact, even if you haven't been identified as a close contact:
 - ✓ Contact the University Health Administration Office for guidance.

Local Novel Coronavirus Consultation Center

- Health Center
- Consultation Center for China Returnees and Contact Persons (after hours)

In the case of hospitalization or other measures

Nagoya University Health Administration Office (Higashiyama)

Phone: 052-789-3970
E-mail: hokekan@htc.nagoya-u.ac.jp
(After hours and on weekends, please first contact your local health care center)

When contacting the University Health Administration Office:

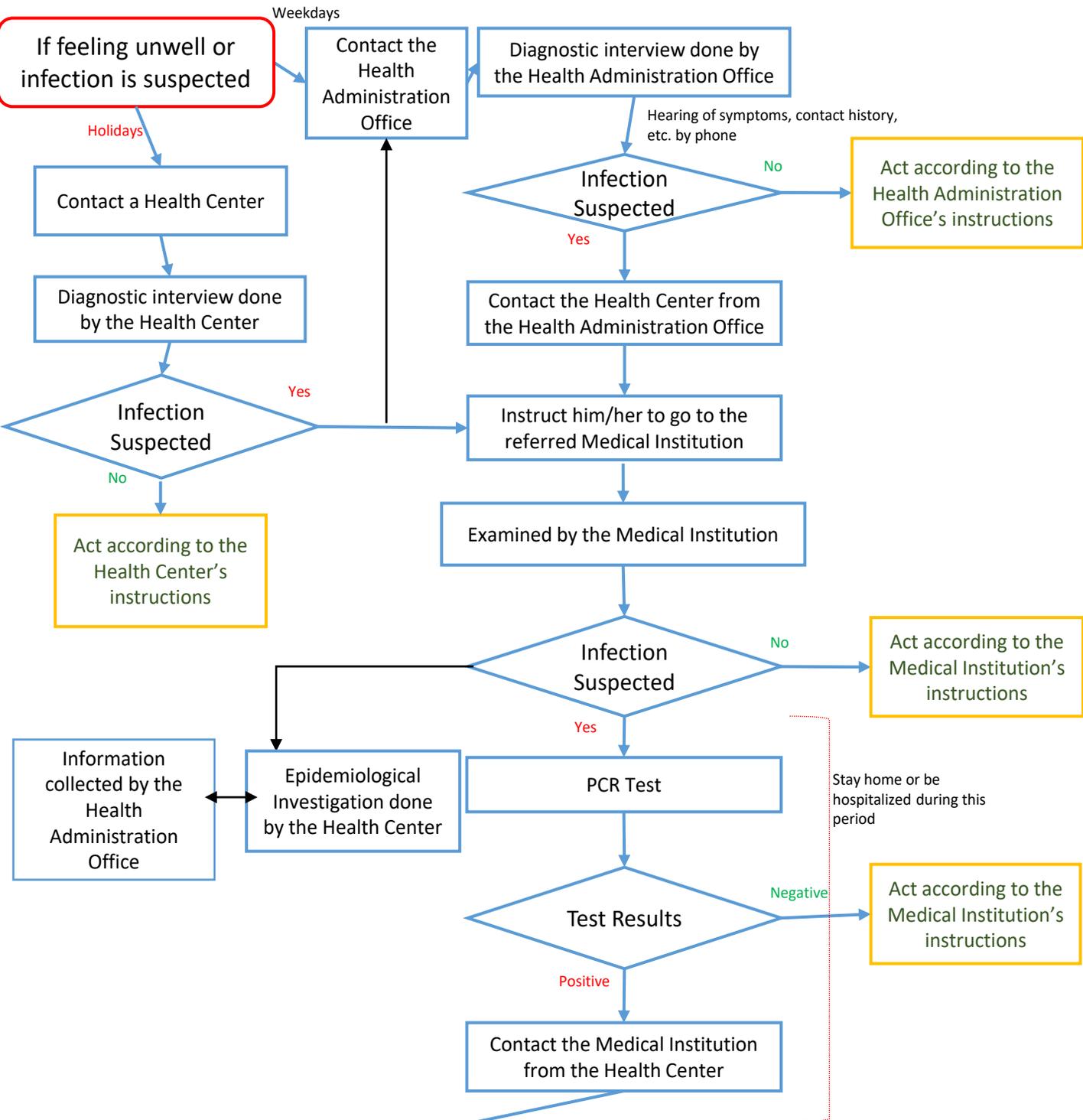
- ✓ Students should contact their advisor or their undergraduate/graduate school's students affairs section.
- ✓ Faculty/staff should contact their supervisor.

*University Health Administration Office
Novel Coronavirus Information website



- ✓ Employees of the University Hospital should follow separate hospital guidelines.
- ✓ Students and faculty/staff at Tsurumai Campus who are not hospital employees should follow these guidelines.

1. Flow of Infection Confirmation and Hospitalization of the Infected Person



The person in question is to be notified by the Medical Institution that he/she needs to be hospitalized (He/she needs to contact the Health Administration Office him/herself)

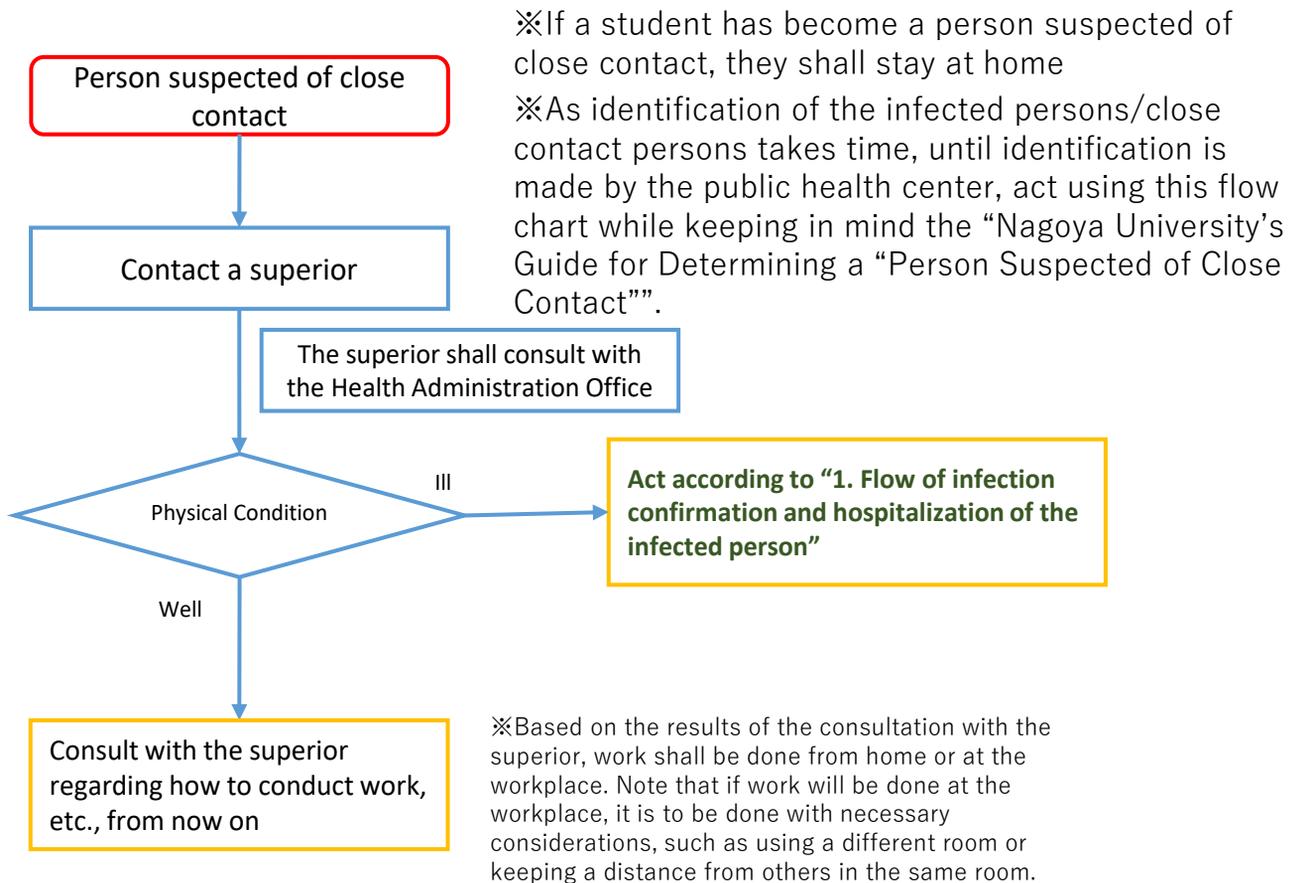
- (Reference) When to come back to the university
- When symptoms have improved and there have been two negative results from the PCR Test
 - May come back to the university after 48 hours have elapsed since the disappearance of symptoms.
 - Share information with the Health Administration Office

※Regardless of what is written above, request those who have cold-like symptoms not to come to the university.

2. Actions to be taken if any student, faculty or staff member of the university has been confirmed as a person of close contact by a public health center

- Persons identified as a “person of close contact” by a public health center, be it student or faculty or staff member, shall follow the health center’s instructions and stay at home, etc.
- If a family member living close to you is a close contact person, if there is no problem with the family Waiting is not requested, but you need to check your own health.

3. Flow of actions to be taken if any faculty or staff member of the university has become a person suspected of close contact



(Guide for resuming regular work)

- When the “person suspected of infection” whom the faculty or staff member came into contact with is determined “negative” by the Health Center
- The faculty or staff member is in good health

Nagoya University's Guide for Determining a "Person Suspected of Close Contact"

Nagoya University has defined a "person suspected of close contact" as: someone who has come into contact with an infected person on or after 2 days prior to the day when he/she developed the disease and any of the following conditions are met.

- A person who lives in the same dwelling (including dormitories, etc., that have communal/shared areas) with or has had prolonged contact (including inside cars, airplanes, etc.) with an individual suspected of being infected with the novel coronavirus infectious disease.

(Examples)

- Talked face-to-face for 15 minutes or more without wearing a mask.
- Had a meal at the same table.
- Spent some period of time together in the same room (seminars, in a lab works, meetings, office work, etc.) without wearing a mask.
- Made physical contact such as touching with his/her hands.

*At the present time, the identification of a "person of close contact" by active epidemiological investigation shall be done by the Health Center.

(Reference)

○National Institute of Infectious Diseases, Infectious Disease Surveillance Center (April 20, 2020)

- "Patient(Confirmed Case)" refers to "persons who have been suspected of the Novel Coronavirus Infectious Disease due to clinical signs etc., and confirmed positive for the disease by testing."
- "Infection Period of Patient (Confirmed Case)" shall be the time period between 2 days before symptoms of suspected Novel Coronavirus Infectious Disease (See below) including fever and acute respiratory symptoms such as coughing and breathing difficulty appeared, and the day quarantine began.
- * Fever, coughing, breathing difficulty, malaise, sore throat, nasal discharge/congestion, headaches, joint/muscle pain, diarrhea, nausea/vomiting, etc.
- "Close Contact Person" shall any persons who have come in close contact with a Patient (Confirmed Case) during their Infection Period, and who fall under the following categories.

- A person who lives with or has had prolonged contact (including inside cars, airplanes, etc.) with a Patient (Confirmed Case)
- A person who has examined, nursed, or taken care of a Patient (Confirmed Case) without appropriate infection protection
- A person who is likely to have directly come into contact with contaminants such as respiratory secretions or body fluids of a Patient (Confirmed Case)
- Additionally, a person who has come into contact with a Patient (Confirmed Case) by being within a distance where physical contact with his/her hands is possible (about 1m) for over 15 minutes without necessary infection prevention measures in place (the infectivity of a patient will be comprehensively determined based on their respective circumstances such as the surrounding environment, the state of contact, etc.)